

Exposition and Adoration of the Blessed Sacrament

Hymn: *O Salutaris*

**O Salutaris Hostia
Quae caeli pandis ostium;
Bella premunt hostilia;
Da robur, fer auxilium.**

**Uni trinoque Domino
Sit sempiternal gloria:
Qui vitam sine termino,
Nobis donet in patria.
Amen.**

+ + +

Silent Adoration

+ + +

The Office of Compline for Tuesday

Introduction

- V. God, ☩ come to my *assistance*;
R. Lord, make haste to *help* me.
V. Glory to the Father, and to the *Son*, *
and to the Holy *Spirit*
R. as it was in the beginning, is *now*, *
and will be forever. *Amen*.

Examination of Conscience

*[A brief period of silence is observed
for an examination of conscience.]*

Lord, have mercy. (**R.** Lord, have mercy)
Christ, have mercy. (**R.** Christ, have mercy)
Lord, have mercy. (**R.** Lord, have mercy)

Hymn



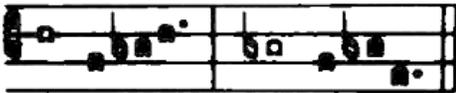
Before the ending of the day,
Creator of the world, we pray,
that with thy wonted favour thou

wouldst be our guard and keeper now.

From all ill dreams defend our eyes,
from nightly fears and fantasies;
tread under foot our ghostly foe,
that no pollution we may know

O Father, that we ask be done,
through Jesus Christ thine only Son,
who, with the Holy Ghost and thee,
doth live and reign eternally.
Amen.

Psalmody (*Psalm 143*)



- Ant. Do not hide your *face* from me; *
in you I *put* my trust.
- L. Lord, listen *to* my prayer; *
turn your ear to *my* appeal.
You are faithful, you are just; give answer. †
Do not call your *servant* to judgment
for no one is just *in* your sight.
- R. The enemy *pursues* my soul; *
he has crushed my life *to* the ground.
he has made me *dwell* in darkness *
like the dead, *long* forgotten.
Therefore my *spirit* fails; *
my heart is *numb* within me.
- L. I remember the days *that* are past; *
I ponder *all* your works.
I muse on what your hand has wrought †
and to you I stretch *out* my hands; *
Like a parched land my soul *thirsts* for you.
- R. Lord, make *haste* and answer *
for my spirit *fails* within me.
Do not *hide* your face *
lest I become like those *in* the grave.
- L. In the morning let me *know* your love *
for I put my *trust* in you.
Make me know the way *I* should walk; *
to you I lift *up* my soul.
- R. Rescue me, Lord, *from* my enemies; *
I have fled to *you* for refuge.

Teach me to **do** your will *
for you, O Lord, **are** my God.
Let your good **spirit** guide me *
in ways that are **level** and smooth.

L. For your name's sake, Lord, **save** my life; *
in your justice save my soul **from** distress.

R. Glory to the Father, and **to** the Son, *
and to the **Holy** Spirit

L. as it was in the **beginning**, is now, *
and will be **forever**. Amen.

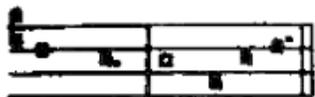
Ant. (ALL): Do not hide your **face** from me; *
in you I **put** my trust.

Reading (1 Peter 5:8-9a)

Stay sober and alert.
Your opponent the devil
is prowling like a roaring lion
looking for someone to devour.
Resist him, solid in your faith.

[A brief period of silence is observed]

Responsory

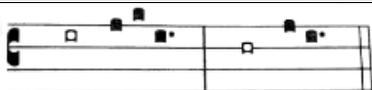


Into your hands, *Lord*,
*I commend my spirit.
- **Into your hands, Lord, ***
I commend my spirit.

You have redeemed us, Lord God of *truth*.
- **I commend my spirit.**

Glory to the Father, and to the *Son*, *
and to the *Holy* Spirit,
- **Into your hands, Lord, ***
I commend my spirit.

Gospel Canticle [all stand]



Ant. Protect us, Lord, as we **stay** awake; *
watch over us as **we** sleep,
that awake, we may keep **watch** with Christ *
and asleep, rest in **his** peace.

ALL:

Lord, ☩ now you let your servant **go** in peace; *
your word has been **fulfilled**
my own eyes have seen **the** salvation *
which you have prepared in the sight of **every** people:
a light to reveal you **to** the nations *
and the glory of your **people** Israel.
Glory to the Father, and **to** the Son, *
and to the **Holy** Spirit:
as it was in the **beginning**, is now *
and will be for ever. **Amen.**

Ant. (All): Protect us, Lord, as we **stay** awake; *
watch over us as **we** sleep,
that awake, we may keep **watch** with Christ *
and asleep, rest in **his** peace.

Prayer

Lord, fill this night with your radiance.
May we sleep in peace and rise with joy
to welcome the light of a new day in your name.
We ask this through Christ our Lord.
- **Amen**

Conclusion

+ May the all-powerful Lord grant us
a restful night and a peaceful death.
- **Amen**

*The Office of Compline concludes here.
Solemn Benediction begins,
followed by the Marian antiphon below.*

*When Benediction is not to be celebrated,
the Marian Antiphon is sung here
before the reposition of
The Blessed Sacrament.*

Solemn Benediction

[all kneel]
Hymn: *Tantum Ergo*

Tantum ergo Sacramentum

**Veneremur cernui:
Et antiquum documentum
Novo cedat ritui:
Præstet fides supplementum
Sensuum defectui.**

**Genitori, Genitoque
Laus et Jubilatio,
Salus, honor, virtus quoque
Sit et benedictio:
Procedenti ab utroque
Compar sit laudatio.**

Amen.

V. You have given them Bread from heaven.

R. Having all sweetness within it.

V. Let us pray.

Lord Jesus Christ,
you gave us the Eucharist
as the memorial
of your suffering and death
May our worship of this Sacrament
of Your Body and Blood
help us to experience
the salvation won for us
and the peace of the kingdom
where You live with
the Father and the Holy Spirit
one God forever and ever.

R. Amen.

*The priest or deacon solemnly
blesses the congregation.*

*The people do not
make the sign of the cross,
as this solemn benediction
comes directly from Christ
truly present in the
Blessed Sacrament.*

The Divine Praises

*[The people repeat each blessing
After the priest or deacon]*

Blessed be God.

Blessed be His Holy Name.

Blessed be Jesus Christ,
true God and true Man.
Blessed be the Name of Jesus.
Blessed be His Most Sacred Heart.
Blessed be His Most Precious Blood.
Blessed be Jesus in the
Most Holy Sacrament of the Altar.
Blessed be the Holy Spirit, the Paraclete.
Blessed be the great Mother of God,
Mary most Holy.
Blessed be her Holy and
Immaculate Conception.
Blessed be her Glorious Assumption.
Blessed be the name of Mary,
Virgin and Mother.
Blessed be St. Joseph,
her most chaste spouse.
Blessed be God
in His Angels and in His Saints.

*The priest or deacon reposes
the Blessed Sacrament.*

As he does, the closing hymn is sung.

*All stand when the doors
of the Tabernacle close.*

Closing Hymn: *Holy God, we Praise Thy Name*

**Holy God, we praise Thy Name;
Lord of All, we bow before Thee;
All on earth Thy scepter claim,
All in heaven above adore Thee.
Infinite Thy vast domain,
Everlasting is Thy reign.
Infinite Thy vast domain,
Everlasting is Thy reign.**

**Hark, the loud celestial hymn
Angel choirs above are raising;
Cherubim and seraphim
In unceasing chorus praising,
Fill the heav'ns with sweet accord:
"Holy, holy, holy Lord!"
Fill the heav'ns with sweet accord:
"Holy, holy, holy Lord!"**

Marian Antiphon

V

S Alve Re-gí-na, * ma-ter mi-se-ri-córdi-æ, Vi-ta, dul-
cé-do, et spes nostra, salve. Ad te clamámus, éxsu-
les, fí-li- i Hevæ. Ad te suspi-rámus, geméntes et flen-
tes in hac lacrimá-rum valle. E-ia ergo, Advo-cá-ta
nostra, illos tu- os mi-se-ri-córdes ó-cu-los ad nos con-
vér-te. Et Je-sum, be-ne-díctum fructum ventris tu- i,
no-bis post hoc exsí- li- um osténde. O cle- mens:
O pi- a: O dulcis Virgo Ma-rí- a.